

WORKING TOGETHER TO IMPROVE MENTAL HEALTH

Want to share your ideas and help make a difference to mental health services in your area? Sign up to become a member of Sussex Partnership NHS Foundation Trust!

It's really important to us that young people can share their views and help us make changes and improvements to our services. If something isn't working, or there are things we could be doing better, we want you to tell us about it!

SIGN UP

[www.sussexpartnership.nhs.uk/
become-member](http://www.sussexpartnership.nhs.uk/become-member)

AGE
14+

FREE
TO JOIN

Sussex Partnership provides specialist Child and Adolescent Mental Health Services (CAMHS) and learning disability services in Sussex and Hampshire for young people up to the age of 18.

IF YOU BECOME A MEMBER YOU WILL:

- Get regular newsletters and updates of what's happening in Sussex Partnership and CAMHS
- Be invited to annual members meetings and events
- Be able to participate in surveys, questionnaires, focus groups and discussions
- Have the opportunity to join our 'Expert by Experience' programme




Membership is free to join and you are able to offer as much or little time as you want.

Sign up online at www.sussexpartnership.nhs.uk/become-member or pick up an application form from one of our waiting areas.



**MAKE A
DIFFERENCE**

Follow us

-  @SPFTmembership
-  our_mh_space
-  Our Mental Health Space